

Robert Notter
SUCCESS COACHING

**"Attract Consistent Results In Your Practice
Through Vibrational Alignment!"**



YOUR SUCCESS WORKSHEET



Your Mindset Shift

As I change my mind and my beliefs in my internal world, my external world changes to match my mental success patterns.



Success Alignment Method

- 1. Create your powerful mental vision.**
- 2. Choose words and thoughts aligned with the new vision.**
- 3. Feel the success as if it's already there.**
- 4. Surround yourself with people and things aligned with the success vision.**



Step 1: Create Your Powerful Mental Vision

What do you see and desire with all of your heart and mind:

Step 2: Choose Words & Thoughts Aligned With The Vision

Which words will you speak and which thoughts will you think:



Step 3: Feel The Success As If It's Already There

Which feelings will I generate and where in my body:

Step 4: Surround Yourself With People & Things Aligned With The Vision

Who and what will you make more prominent in your daily life:



My Success Defined

What is Success?

To me, success means...

What 3-5 things must happen in order for me to feel that my practice is a success?

1.

2.

3.

4.

5.

“I am now committed to making and allowing these things to happen.”



About Robert Notter, Marketing & Mindset Coach

I'm passionate about supporting health practitioners to authentically build profitable business doing what they love! For the past 20 years, my easy-to-understand strategies have helped entrepreneurs to take the dreams they have for their business and translate it into services their clients are eager to invest in. My approach makes marketing fun and in a way that's repeatable, so it works for you.

I started out as a Health Coach and Reiki Practitioner and Pilates teacher in 2003. And I was so inspired by the success of my practice and how I was helping people, I wanted to help other health and wellness practitioners learn how they could be successful too! So I went on to found my marketing coaching business in 2005. I believe that growing your practice should be something you enjoy, a fun adventure that brings a smile to your face.

I'm also deeply committed to helping my clients and students create a confident mindset that attracts the results they want. As a former corporate man, I've transformed my life into one of joy, abundance and freedom, and I'm excited to authentically model how you can create this success too! I've had the honor and joy to have worked with over 150K practitioners since starting my business coaching practice.



I live in New York City and work with clients all over the world via webinars, online programs, in person retreats, VIP days and virtual private coaching programs. I have taught for numerous organizations including the Institute for Integrative Nutrition, the School of Applied Functional Medicine, UKIHCA, Health Coaches Academy, the Swedish Institute, Maryland University of Integrative Health, the New York Open Center, Lincoln Center, the Javits Center, Beacon Theater and more.

Robert

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My marketing approach has totally changed from struggle to thriving. I have my niche clearly defined, and best of all, I am making more money and enjoying it more.

I earned more in the first 2 months of this year than I did all of last year! I can see now how to keep building it bigger. I am creating a 'program plan' for the whole year, with a clear timeline for when to communicate it. Plus, I know how to promote in an authentic way, that grabs people's attention, and there's no stopping me now!

Paula Antonini

In just 3 months of working with Robert, I went from barely earning income to earning way more money. And from a handful of clients to **gaining 10 new clients in one month!** I also gained enough confidence to do **my very first workshop where I had 35 attendees** many of whom signed up and are now paying to work with me!

Penelope Jones



Thanks to working with Robert, my business is booming. **I have so many paying clients that I have to quit my day job**, and it all happened in just a month after I started working with him! I have twenty paying individual clients, a group program and **a waiting list because I have so many people interested.** Robert taught me how to find my true niche and he supported me step-by-step.

Jenna Bayne

My newsletter subscriber contacts have increased by over 600% in just 3 months. I've also **made more money in the last 4 months than I have ALL of last year.** Robert has helped me gain confidence and **believe in myself**, and support my clients. He encourages me to reach higher than I could have possibly imagined. Deciding to work with him in his coaching program has been one of the best choices I have ever made.

Mark Carlson



Working with Robert helped me to prioritize and focus. He helped me to assess my worth and move pass blocks surrounding being paid more. **In fact, I have doubled my coaching rates, and people are consistently signing up!** Today my business is way more profitable, and has many more income streams. It really makes a huge difference when you work with Robert, no need to struggle when you can get someone who can help you grow your clientele, and be profitable.

Reese Young

Because of Robert's support, I've been able to double my rates and sign on three times as many clients as before! I finished my book, I was able to quickly build my list, and know who my ideal clients are and how to have them sign up for my programs. I even launched an online group program **and got 24 new clients in just 2 days!** Robert's motivation and support really helped me be a better, more confident and more capable version of me.

Shannon Malkin

